Central Okanagan

ABCD
(250) 878-4314
http://www.abcd-ok.com/
info@abcd-ok.com
ABCD supports people with disabilities and their families to strengthen their ability to access resources and create partnerships that assist them in sustaining full citizenship.

B.C. Special Olympics, Kelowna Branch
Leslie Thornley, Manager, Community Development, Kelowna Branch (250) 317-1272
info@specialolympics.bc.ca
Providing individuals with an intellectual disability the opportunity to enhance their life and celebrate personal achievement through positive sport experiences.

Community Information and Volunteer Centre (operated through Kelowna Community Resources)
(250) 763-8008 ext 24 or ext 25
http://www.kcr.ca/page/civc
Referral source for community services

Community Recreational Initiatives Society (CRIS)
(250) 979-3941
http://www.adaptiveadventures.ca/
General@coreinso.com
CRIS provides outdoors and wilderness recreational opportunities for persons with disabilities. Programs consist of hiking, paddling, cycling and wilderness camping trips to local and BC wide parks and pathways. Group programs and individual customized outings are available. CRIS provides a couple of kids camps in July and August for youth with disabilities. Annually, from April to October CRIS offers multi-day sea kayaking Expeditions, backcountry hiking adventures and a cycling tour.

Cool Arts Group
Sara Lige (250) 768-5548
Rena Warren (250) 448-5533
info@coolarts.ca
Cool Arts provides Fine Arts opportunities to adults with developmental disabilities. They hold workshops once per month, usually on Saturdays, as well as some special events. All of our instructors are professionals from the community who volunteer their services. We require volunteers also as workshop helpers and for special events and administration.

D & L Consulting
(250) 868-0242
Behavioral consulting.

Handicapped Parking Passes (City of Kelowna)
(250) 469-8757
Handicapped Parking Passes are available at City Hall Cashiers Counter, 1435 Water Street, 8am - 4pm weekdays. Application forms must be signed by applicant's doctor; cost of pass is $10.70.

HandyDART
(250) 762-3278
HandyDART is a transportation service for persons who have a disability that is sufficiently severe that the person is unable to use conventional transit service without assistance. The service is provided to and from accessible building entrances.

Health Services for Community Living
(250) 868-7707
Health services for people who have developmental disabilities. The team consists of a nurse, occupational therapist, physiotherapist, dental hygienist and dietician.

Johnson Bentley Memorial Aquatic Centre
(250) 768-4442
http://www.districtofwestside.ca/Modules/ShowDocument.aspx?documentid=4744

Kelowna

Kelowna Okanagan Business Services Referral Group
http://www.okbe.ca/

Kelowna Developmental Disability Mental Health
(250) 868-7788
www.interiorhealth.ca
randy.james@interiorhealth.ca
Mental Health support for people who have developmental disabilities.

Kelowna Self Advocates (see info on kdscl.bc.ca)
(250) 763-9499, 250-765-2040

Legal Services Society of BC
(250) 763-8613
http://www.lss.bc.ca/
Legal aid. If you have a problem but can't afford a lawyer, the Legal Services Society may be able to help you. They are independent and a non-profit organization that provides legal aid for people with low incomes.

Okanagan Advocacy Resource Society
(250) 979-0201
http://okadvocacy.org/contact-us/
oars@telus.net
Operates the Community Mental Health Advocacy Program for individuals with chronic mental illnesses and their families. Most frequent areas of work are: welfare (B.C. Income Assistance), including Persons with Disabilities; tenancy; other income security issues like Canada Pension Plan Disability and other legal information and referral; also referral for community supports.

PLAN Okanagan
(250) 860-2080
mary@planok.ca
PLAN Okanagan is a non-profit, not direct government funded, family directed association that serves families and people with disabilities. PLAN Okanagan assists relatives of people with disabilities to develop a vision and plan for the future through one-to-one consultation with family mentors and in workshop settings. Who will be there for their brother, sister, son or daughter when they die? Planning for the future in the best way to ensure a safe and secure future for a relative with a disability. Network Development - PLAN Okanagan facilitates social networks for people that are marginalized and socially isolated. A facilitator is hired to develop a circle of friends from existing relationships and through exploitation of interests for the community to join the circle. Relationships are the key to a good life.

Parkinson Recreation Centre (City of Kelowna)
(250) 469-8800
http://www.kelowna.ca/CM/Page636.aspx
Sport and Recreation is committed to delivering a diverse, dynamic and accessible selection of programs and services.

Provincial

BCACL
(604) 777-9100
www.bcacl.org
info@bcacl.org
BCACL is a federation working with partners to build community and to enhance the lives of children, youth and adults with developmental disabilities and their families by supporting abilities, promoting action and advancing rights, responsibilities and social justice.

B.C. Bus Pass Program (Ministry of Employment and Income Assistance)
1-866-866-0800 (choose option 4, then option 3)
www.bctransit.com/regions/kel/transitplus/bcbuspass.cfm
HSDBUSPA@gov.bc.ca
A universal bus pass that allows for unlimited travel on your conventional transit system is available to seniors and persons with a disability on a restricted income.

B.C. Coalition of People with Disabilities
1-800-663-1278
(604) 875-0188
www.bccpd.bc.ca
feedback@bccpd.bc.ca
The BCCPD is a not-for-profit organization run by and for people with disabilities throughout BC. We are an umbrella group that represents people with all disabilities. The mandate of the BCCPD is to raise public and political awareness of issues of concern to people with disabilities. We also work toward the goal of facilitating the full participation of people with disabilities in all aspects of society, and topromote independence.

Community Living BC (CLBC)
Headquarters (604) 664-0101
Kelowna (250)712-3609 – Facilitators (250) 861-7255 - Analysts
www.communitylivingbc.ca
info@communitylivingbc.ca
CLBC delivers support and services to people with developmental disabilities, children with special needs and their families in British Columbia. It has a board of self advocates, family and community members, as well as staff located throughout the province. We believe that people with developmental disabilities and their families know best when it comes to their needs, goals and planning for the future.

Income Assistance – Ministry of Housing and Social Development
1 866-866-0800
www.eia.gov.bc.ca/pwd/eapwd.htm
The Province of B.C. has income assistance benefits for people who have disabilities. These benefits are called “Persons with Disabilities Assistance”. Individuals must apply with the Ministry of Housing and Social Development to receive these benefits. People who receive income assistance can get a monthly income of around $900 to help them pay for rent, bills and food. If you receive income assistance you also get medical and dental coverage. To get more information please phone 1-866-866-0800. KDSCL staff can help with applying for benefits.

PLAN
604.439.9566
www.plan.ca
Planned Lifetime Advocacy Network (PLAN) is a non-profit organization, established in 1989 by and for families committed to future planning and securing a good life for their relative with a disability.

Service Quality Advocate
1-800-663-7867
http://www.mhr.gov.bc.ca/advocate/
If you live outside Vancouver, call Enquiry BC, 1-800-663-7867, and ask them to transfer you to Service Quality Advocate’s office at 604 775-1238. The Service Quality Advocate’s Job is to help adults with developmental disabilities and their families get good quality services. She can help with services from the Ministry of Children and Family Development, from other ministries, or from service agencies in the community.

Vela Microboard Society
604-575-2588
http://www.microboard.org/
info@microboard.org
A Vela Microboard is formed when a small group (micro) of committed family and friends join together with a person with challenges to create a non-profit society (board). Together this small group of people addresses the person's planning and support needs in an empowering and customized fashion. A Vela Microboard comes out of the person centered planning philosophy and is therefore created for the sole support of one individual.

Vancouver Foundation (for family grants)
604-688-2204
www.vancouverfoundation.bc.ca
info@vancouverfoundation.ca
Vancouver Foundation helps people give back to the communities they care about, in a way that is simple, convenient and lasting. “We are the largest of Canada's 160 community foundations. We've been around since 1943. Our focus is on improving our communities -- the places where we all live, work, play and raise our kids. The place we call home.” (from Vancouver Foundation website)