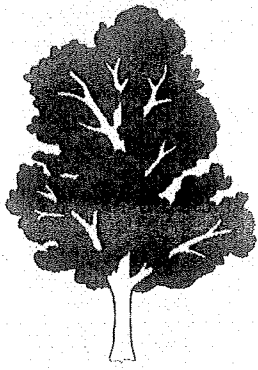


KDSCL INSIDER

Winter 2010/2011

Volume 3, Issue 4



Growing Together

**KDSCL
New Building
Fundraiser!!!**



KDSCL needs to raise 1.5 million dollars in order to break ground for the new building. Will you be a part of supporting our community???

UNITED NATIONS CONVENTION ON THE RIGHTS OF PERSONS WITH DISABILITIES

SUMMARIZED FROM WWW.BCACL.ORG

Marking an historic moment in our country's history, Canada ratified the UN Convention on the Rights of Persons with Disabilities (CRPD) on March 11, 2010.

A convention is a legal agreement between countries that they will follow the same law about a specific issue. When a country signs and ratifies a convention, it makes a legal promise to make its laws, policies and actions consistent with the convention. By ratifying a convention, countries often take steps to support the goals of the convention.

The convention is important because the human rights of every man, woman and child on earth are guaranteed in the Universal Declaration of Human Rights. However, in practice, many groups around the world are still denied their basic human rights on a daily basis. People with disabilities—being the largest and most disadvantaged minority in the world—make up one of those groups. This convention

is important because it ensures that people with disabilities enjoy the same human rights as everyone else.

People with disabilities struggle even more to have their human rights realized.

The convention contains a number of important principles or beliefs that set the tone of the agreement and support the overall goal of having an international law on the rights of people who have a disability. Some of these principles are:

- Respect for everyone's inherent dignity
- Non-discrimination
- Inclusion in society
- Respect for differences; recognizing human diversity;
- Equal opportunity
- Accessibility
- Equality

For more information regarding this UN Convention please visit:

www.bcacl.org/unconvention

Thank-You...

...To the following for their generous donations...

- ♥ Danuta and Doug Misutka
- ♥ Midtown Automotive
- ♥ Lynn Stoesz
- ♥ Jean Hadgraft
- ♥ Laura Allardyce

In the Spirit of Christmas if you would like to donate money towards our new building fund, please contact:

Charisse at 250-763-4837

Or

Rhonda at 250-763-4836

Each dollar donated brings us closer to our goal of \$1.5 Million in order to break ground for our new building.

Please consider assisting us in building community!

Tax receipts are provided

FOUNDATION FOR EMPLOYMENT

BY JAMIE IHAKSI

This November KDSCL started an initiative to give teens with disability who are in high school a foundation for employment before they graduate from the secondary school system. The program will involve eight different students each year for three years and will work towards finding them part time, paid employment. It will also provide these youth with contacts and references in the business community. The idea is that when people have employment experience while still in high school, they will be better prepared to be employed during adulthood. This initiative will involve setting up the students with mentors that will volunteer time to guide the students through job shadows in their

work places. When students leave the program after one year they will have a transition map to help them plan for their post-secondary education and employment goals, and the steps needed to reach them.

The Foundations For Employment program was created to help solve some of the difficulties that disabled youth face today, such as under-employment, lack of individualized support for youth trying to secure employment, poverty of youth and people with disabilities, and a lack of connection between youth and the business community and the community at large. This program is somewhat unique in that it approaches disabled youth with the assumption that the

best way to learn about working is to work in a real job for real pay, as opposed to a "job-readiness" program. There will be supports for the students throughout the program such as a "discovery" to learn which jobs may be appropriate, marketing support to help them secure a job, onsite job coaching to aid the student in becoming independent at the job, and ongoing supports to make sure the student and employer are both happy with the job placement. We hope that by teaching students with disabilities the skills and resources needed to be employed it will empower them to take ownership of their futures and to have employment income throughout their adult life.

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SKOOKUM BARN DANCE

BY JAMIE IHAKSI

On Saturday November 6th 2010, KDSCL was the charitable beneficiary for the Skookum Barn Dance Society's event featuring Johnny Ferreira and the Swing Machine. Many KDSCL service recipients volunteered their time at the event including Kelly, Sandra, Tammy, Syd, Katarina and her Dad Wulf, Leigh, Pam. Jamie, who is a KDSCL staff member and Coleen,

who is a contractor were also there. The volunteers worked very hard selling drink tickets, selling cds, collecting empty cups, serving pizza, pouring drinks, restocking the bar, and cleaning up during and after the event. Some of the volunteers worked for over 6 hours! The event was packed full of rowdy dancers but all the volunteers kept working hard and made

sure that the event went smoothly for everyone. Some of the patrons at the dance reported that they loved to see the people they were raising money for working at the dance!

The Skookum Barn Dance Society raised \$1000.00 for the KDSCL building fund. Thank you to all the volunteers and people that attended the dance!

JAZEL CHRISTMAS FUNDRAISING

INFORMATION PROVIDED BY MIKI HANNA

On November 20, 2010, Jazel Homes held their 4th annual Christmas party, which doubles as a fundraiser for KDCSL. This event was once again very successful. All of us here at KDSCL would like to extend a huge thank you to Jazel Homes, as

well as all of the community businesses that donated items for the auction, and those who attended the event. Many thanks also go to the following for volunteering their time: Miki and her husband Alex for coordinating and secur-

ing so many wonderful silent auction prizes; Cyndy for selling 50/50 tickets and helping out with the events throughout the evening, Skye and her friends for helping with the card tables, and Charisse and Randy for filling in some gaps!

Mark Your Calendars: KDSCL will be closed on the following dates in 2011

Dec. 27-31, 2010
Reopen Jan. 3, 2011

Feb. 11:
KDSCL In-Service

April 22:
Good Friday

April 25:
Easter Monday

May 23:
Victoria Day

July 1:
Canada Day

Aug. 1:
BC Day

Aug. 2—12:
KDSCL Summer
Closure

Sept. 5:
Labour Day

Oct. 10:
Thanksgiving Day

Oct. 28:
KDCSL In-Service

Nov. 11:
Remembrance Day

Dec. 26-30:
Christmas Closure



The Treschow Family with Ted and Linnea Corbett.

If you are interested in getting a tree for the holidays The Woodhaven Tree Farm is located at 1705 Swainson Rd.

A Little Bit of Christmas Humour

Why are Christmas trees like bad knitters?
They both drop their needles!

What do you get if you cross an apple with a Christmas tree?
A pineapple!

What did the big candle say to the little candle?
I'm going out tonight!

How long does it take to burn a candle down?
About a wick!

What do snowmen wear on their heads?
Ice caps!

1ST ANNUAL SAM TRESCHOW DAY AT WOODHAVEN TREE FARM

BY CYNDY OMAND

On Sunday, October 24th at the Woodhaven Tree Farm, there was a wonderful event for people with disabilities to come and choose a Christmas tree before the snow comes and while the farm is still wheelchair accessible.

What inspired Ted Corbett and his wife Linnea to have this day was the experience of a young man named Sam and his family coming to choose a tree

a few years ago. Sam couldn't help his family choose their Christmas tree since he was confined to a wheelchair and their was snow on the ground at the farm.

Last year Ted vowed to begin an event that would allow those who are in a wheelchair to choose a tree before the snow fell.

Sam passed away in July, 2009, so in memory of him, Ted held the 1st annual "Sam Treschow

day" in memory of the young man who inspired the event.

Many thanks to Ted and Linnea Corbett for opening up their farm and hearts for this very special day.

If you are interested in getting a tree and didn't make it on Oct. 24th, the Woodhaven Christmas Tree Farm is located at:

1705 Swainson Rd, Kelowna, BC,

KDSCL ANNUAL CHRISTMAS DINNER AND DANCE

BY JEREMY THOMPSON

On Friday, December 3, 2010, KDSCL held it's annual Christmas Dinner/dance. This annual holiday event was held at the Okanagan College. The culinary students prepared a wonderful buffet of hot foods and des-

serts. Many people enjoyed dancing to the fantastic music of Mike Jervis, while others preferred to simply visit. Many thanks go to the College for hosting a wonderful event. Thanks also go to Glenda, who arranged most of the

details, as well as Charisse, and the Board of Directors for ensuring year after year that an event is held where we can all come together to celebrate the holidays, and the KDSCL community.

ANNUAL KDSCL STAFF BAKE SALE

BY ELLEN VOTH

This year, the KDSCL Annual Staff Bake Sale was fortunate to partner with Willow Park Church. The Event was held at The Abbey (a satellite of Willow Park Church) in Glenmore on November 20. Ladies from Willow Park Church's 'Crafting for a Cause' group made beautiful crafts for a few months before and

sold them at the sale with proceeds going straight to our new building fund. In addition, other crafters in our community were able to rent tables and sell their wares with the rental fees from the tables also coming back to KDSCL. KDSCL staff, of course, contributed plate after plate of wonderful baking as well as volunteered

at the event.

Approximately \$1,700 was raised and we had the opportunity to educate a few more people about who KDSCL is and what we do. Our gratitude goes out to Willow Park for opening their doors to us and helping us get another step closer to our goal of a new building!



FOUNDATION FOR EMPLOYMENT

Continued from page 2...

There is a lack of information about the benefits that employment during high school can have on people with disabilities. Because of this, we will follow up with the students after the program is over to collect data on their employment activities, The growth of their connections in the community, and

their post-secondary education. This data will be valuable in future projects to support youth with disabilities in employment. A committee will also be formed with the business community, school district, generic employment support agencies, and governmental ministries that support individuals who

have developmental disabilities to increase the ability to support youth with disabilities in the work force.

Leslie Munro, Mark Wengrowich, and I will be working in the program at the ICO office. The first set of 8 students will start the program shortly and will continue until October 31st, 2011.

If you have any suggestions or questions regarding health and safety, you can contact:

Susan Harney,
Activity Service
Supervisor:
250-763-4484

Mark Wengrowich,
Development
Supervisor:
250-763-9499

Mike Varga, OH&S
Chair:
250-763-4484

Leslie Munro,
Activity Quality
Assurance Manager
250-763-4839.

Christmas Long Ago
A Christmas Poem
 by Jo Geis

Frosty days and ice-still
 nights,
 Fir trees trimmed with
 tiny lights,
 Sound of sleigh bells in
 the snow,
 That was Christmas
 long ago.

Tykes on sleds and
 shouts of glee,
 Icy-window filigree,
 Sugarplums and candle
 glow,
 Part of Christmas long
 ago.

Footsteps stealthy on
 the stair,
 Sweet-voiced carols in
 the air,
 Stocking hanging in a
 row,
 Tell of Christmas long
 ago.

Starry nights so still
 and blue,
 Good friends calling out
 to you,
 Life, so fact, will always
 slow...
 For dreams of Christ-
 mas long ago.

"MERRY CHRISTMAS" FROM AROUND THE WORLD

FOUND AT WWW.SANTAS.NET

If you ever find your-
 self travelling to a
 different country
 during the holidays,
 here is how you say
 "Merry Christmas"
 in some different
 languages.

Argentine: Feliz Nav-
 idad

Brazilian: Feliz Natal

Dutch: Zalig Kerst-
 feast

French: Joyeux Noel

German: Fröhliche
 Weihnachten

Norwegian: God Jul

Portuguese: Feliz
 Natal

Ukrainian: Srozh-
 destvom Kristovym

Gaelic: Nollaig
 chridheil agus Bli-
 adhna mhath ùr!

Danish: Glædelig
 Jul

Irish: Nollaig Shona
 Dhuit

Scots Gaelic: Nol-
 laig chridheil huibh

Sami: Buorrit
 Juovllat

Vietnamese: Chuc
 Mung Giang Sinh

Yoruba: E ku odun,
 e ku iye'dun!

Russian:
 Pozdrevlyayu s
 prazdnikom Rozh-
 destva is Novim Go-
 dom

Navajo: Merry
 Keshmish

Macedonian: Sre-
 ken Bozhik

WINTER WORDSEARCH

WORDS COMPILED BY MEGAN H. AND GEOFF L.

Words appear Vertically,
 horizontally, backwards, and
 diagonally.

- Frosty
- Snowflake
- Christmas
- Winter
- Rudolph
- Candy Canes
- Cold
- Mittens
- Toque
- Commet
- Blitzen
- Dasher
- Angels
- Silverbells
- Star
- Scarf
- Presents
- Santa
- Elfs
- Stockings

S	Q	H	I	Y	M	I	M	I	T	T	E	N	S	P
W	S	I	L	V	E	R	B	E	L	L	S	S	D	E
S	S	N	O	W	F	L	A	K	E	D	G	P	A	Z
W	T	O	B	K	N	L	C	W	W	U	I	D	N	P
F	W	A	Y	R	Q	R	A	I	F	J	O	Y	G	J
C	S	K	R	F	Y	B	N	N	C	O	L	D	E	E
H	C	M	T	R	G	H	D	T	H	H	V	T	L	W
R	A	Q	O	O	J	O	Y	E	K	V	G	U	S	N
I	R	B	Q	S	R	A	C	R	V	W	D	T	X	D
S	F	L	U	T	U	B	A	M	M	Y	W	A	B	A
T	N	I	E	Y	D	S	N	D	D	I	I	Z	Q	S
M	M	T	A	W	O	A	E	C	O	M	M	E	T	H
A	T	Z	M	A	L	N	S	I	H	B	G	J	C	E
S	U	E	K	I	P	T	P	B	Y	L	O	E	V	R
U	I	N	Y	T	H	A	U	D	G	L	E	L	F	S

THE DIARY OF THEM PART 2

A FICTIONAL STORY BY MEGAN HART

Feb. 22, 1995

9:05 am

Dear Diary; Today me and the family I'm living with are going to see my real family. I have some information of where Rob is. They will be very happy with the news. Rhona is at home now and after I'm done breakfast I'm going over there to play with her.

9:45am

I'm just walking to her house.

10:00 am

I have just got to Rhona's house. We

are going to a concert. We just got to the concert site and there's a big crowd and they're swarming some of them. The band is "Evaluation" and the music is different, but good.

Feb. 28, 1995

10:15 am

Dear Diary: my real parents decided to meet my parents today because something came up that was more important. We are going to my real parents house at noon today. I hope my real parents like

the people I'm living with right now.

11:15 am

We are just getting in the car to go to my real parents house.

11:56 am

We are just getting to their house when it starts to rain. We park and we have to run to the door so we don't get wet. My real parents are already at the door to let us in. I told my real dad my information. He is very pleased.

To be Continued in the next edition of the Insider...

RECIPE: HOME MADE MARS BARS

SUBMITTED BY MEGAN HART

64 Kraft Caramels
1 cup evaporated milk
2 cups flour
2 cups oatmeal
1 1/2 brown sugar
1 tsp. soda
1 tsp. salt
1 1/2 cups butter
2 cups Chocolate Chips

Directions

Melt caramels with

evaporated milk in double boiler. Mix flour, oatmeal, brown sugar, soda, salt and butter. Press 1/2 of mixture onto 18" x 15" Jelly roll pan or a 10" x 15" cookie sheet and an 8" square pan. (bar should be 3/4" thick when cooked.) Bake 5

minutes at 350°. Sprinkle chocolate chips over cooked crust. Spread caramel mixture over that, and sprinkle the other half of the crumb mixture on top. Bake 15 to 20 at 350°, until golden brown. Cut while warm.

12 days of Christmas too expensive!!!

Thinking of following the 12 days of Christmas as a gift to someone?? Expect to pay \$96,824. According to the Christmas Price Index from PNC Wealth Management this is what it would cost assuming that on each day you purchase everything said (example: you would end up buying 12 partridges in a pear tree...one for each day of the song). Crazy huh???

Here are some more affordable gift options for Christmas!!!

Thinking of giving a gift, and can't afford the \$96,824 that it would cost to do the 12 days of Christmas? Here are some options for those who like to be a little more thrifty.

- Teacup with box of herbal tea
- Collage of special photos
- Bottle of sparkling cider
- Fancy chocolate bars tied with a ribbon
- Homemade cookie mix with instructions for baking
- Picture frames, buy them on sale!
- Pretty glass jar filled with candy
- Video rental gift certificates
- Puzzles
- Christmas ornaments

Have fun shopping, but stay within your budget.

K E L O W N A A N D
D I S T R I C T
S O C I E T Y F O R
C O M M U N I T Y
L I V I N G

The Kelowna and District Society for Community Living
KDSCL is a not-for-profit advocacy organization, governed by a volunteer board of directors that provides services to people with developmental disabilities and their families in Day and Business services, Integrated Career Opportunities (ICO) and residential services.

Activity Service
250-763-4484
555 Fuller Avenue

Integrated Career
Opportunities (ICO)
250-763-9499
925 Sutherland Ave.

Kelowna Diversified
Industries (KDI) Woodshop
250-762-4915
555 Fuller Avenue

Larry's Cycle & Sports
250-762-4920
123-1511 Sutherland Avenue

Administration
250-763-4836 or
250-763-4837
Fax 250-763-4488

Individualized Funding/Home
Sharing
250-763-4837

KDSCL provides opportunities for over 150 people with disabilities to achieve full citizenship by:

Teaching employment and life skills.

Assisting people to work, both in volunteer positions and paid employment.

Facilitating participation in community recreation and leisure activities.

Assisting people to live interdependently in their communities.

Mission Statement

To assist people with disabilities to reach their individual goals and to participate and contribute as equal members of the community.

Mandate

To promote, organize and support the education, training, development and welfare of all people with disabilities in a manner consistent with the Mission Statement, and bearing in mind always, the strengths and needs of the individual.

Vision Statement

"Ours is of welcome. Join us in building communities that support and value the diverse abilities of all people".

Ways to Help:

Please make a donation to the KDSCL building replacement fund. We have been actively working on replacing our building at 555 Fuller Avenue in order to expand our services and create 11 more housing options for some of our most vulnerable citizens!

**WISHING YOU A SAFE AND
HAPPY HOLIDAY SEASON!
ALL THE BEST IN 2011 FROM
KDSCL**