

### Email Address List

If you need to contact any of the following people, email is a great tool you can use:

Executive Director:  
[ed@pathwayskelowna.ca](mailto:ed@pathwayskelowna.ca)  
Quality Assurance & Homeshare:  
[aqam@pathwayskelowna.ca](mailto:aqam@pathwayskelowna.ca)  
Service Manager: [sm@pathwayskelowna.ca](mailto:sm@pathwayskelowna.ca)  
Finance Manager: [fm@pathwayskelowna.ca](mailto:fm@pathwayskelowna.ca)  
Residential Supervisor:  
[rs@pathwayskelowna.ca](mailto:rs@pathwayskelowna.ca)  
Activity Supervisor:  
[fs@pathwayskelowna.ca](mailto:fs@pathwayskelowna.ca)  
Social Recreation:  
[socialrec@pathwayskelowna.ca](mailto:socialrec@pathwayskelowna.ca)  
Community Placement Developer- Intake:  
[cpdintake@pathwayskelowna.ca](mailto:cpdintake@pathwayskelowna.ca)  
Travel Club Coordination:  
[travelclub@pathwayskelowna.ca](mailto:travelclub@pathwayskelowna.ca)  
Community Placement  
Developer-Scheduling:  
[cpdscheduling@pathwayskelowna.ca](mailto:cpdscheduling@pathwayskelowna.ca)  
Employment Manager  
[em@pathwayskelowna.ca](mailto:em@pathwayskelowna.ca)  
Newsletter / Community Link:  
[newsletterpathways@gmail.com](mailto:newsletterpathways@gmail.com)

### Important Phone Numbers

If you are calling because you attend the Activity Service or are calling on behalf of an individual who attends the Activity Service, the phone numbers you must call are  
250-763-4484 or 778-484-4490  
Branch 55 - 778-753-1050  
Franklyn Senior Services - 778-478-0062  
If you leave a message at another Pathways' number, your call may not be answered.



#### **Cookbooks for Sale**

A commemorative Pathways cookbook is for sale. Please consider purchasing this \$10.00 keepsake. Please contact the office at 123 Franklyn Road to purchase.

### Pathways Hot Lunch Schedule

\*Lunches are \$5.00

January 06, 2017  
January 20, 2017  
February 03, 2017

## Pathways Abilities Society

# January 2017



**Upcoming Closure at Pathways**  
**Holiday Season –December 24, 2016-January 2, 2017**  
**Re-Opening on January 3, 2017**  
**In-Service Friday January 27, 2017**



#### **THE WEATHER IS CHANGING**

**PLEASE ENSURE THAT YOU ARE**  
dressing appropriately for activities

that you are participating in.

Stay warm and comfortable



Please let Pathways know if you have received your Flu Immunization  
If you volunteer at any of our placements  
you are required to have had a Flu Immunization.



## Annual Earnings Exemption

If you have a disability and get disability assistance you can still work and earn money. Money you earn, up to a certain amount, does not change the amount on your monthly payment. You can earn money anytime during the year and there is no monthly limit.

The annual earnings exemption applies to money you earn from January 1–December 31. The remaining exemption doesn't carry over year to year. You will receive a new exemption limit each year. The exemption limits are:

- \$9,600 for a single person with the Persons with Disabilities designation
- \$12,000 for a family with two adults where only one person has the Persons with Disabilities designation
- \$19,200 for a family where both adults have the Persons with Disabilities designation

You can use your annual earnings exemption anytime during the year. For example, you may work a lot in some months and less in others. It won't affect your monthly assistance amount until you earn more than your annual limit for that calendar year.

Any money you earn over the annual earnings exemption limit will be deducted dollar for dollar from your assistance payment. But, you always keep 100 per cent of any money you earn yourself. You may want to keep track of your income, especially if you expect to earn more than the annual limit before the end of the calendar year. You'll receive a letter after you've reached 75 per cent of your exemption limit.

This presentation on You Tube will help people to understand the Annual Earnings Exemption. <https://youtu.be/GYvdWZIYLFc> Developed and generously shared by **Delta Community Living Society**. Content has been confirmed with the Ministry of Social Development and Social Innovation.

### 2017 Travel Club Trips

Destination	Date	Cost – All Prices are Approximate at this time and will be confirmed upon booking. Trips could be cancelled if there is not enough interest.
<b>Puerto Vallarta Mexico</b>	End of February – 1 week	\$1,900.00
<b>Disneyland –includes Universal Studios</b>	End of May – 6 nights	\$1,800.00
	or	
<b>Disneyland – Universal Studios, Hollywood and San Diego, Venice Beach</b>	End of May 1 Week	\$2,300.00
<b>Camp Oaissi</b>	August 29 – September 1 3 nights	\$175.00

### 2017 Social Recreation Trips

Destination	Date	Costs - See above on cost and booking details
<b>Osoyoos – Rail Tour +</b>	April – 1 night	\$300.00
<b>Barkerville</b>	June – 3 nights	\$750.00
<b>Revelstoke – Dam Tour +</b>	June – 1 night	\$300.00
<b>Vancouver Canucks and/or BC Lions Game</b>	Sept/Oct 2 or 3 nights	\$1,300.00

If you are interested in any of the above trips please contact: Glenda, Rhonda or Lena by e-mail or phone:

Glenda – Phone: 250-859-7895 – email: [travelclub@pathwayskelowna.ca](mailto:travelclub@pathwayskelowna.ca)

Rhonda – Phone: 250-763-4837 – email: [fm@pathwayskelowna.ca](mailto:fm@pathwayskelowna.ca)

Social Rec Trips – Lena – Phone: 250-575-3912 – email: [socialrec@pathwayskelowna.ca](mailto:socialrec@pathwayskelowna.ca)



**January 13, 2017**

**Speaker:** Joanne Poole RN BN will be discussing topics of interest related to personal safety and sexual health. Topics will be decided by the individuals attending so may include some of the following: personal safety information related to being out in the community, understanding the body, friendship and dating, saying 'no', sexual decision making, pregnancy prevention, understanding sexually transmitted diseases and where to find services and further education.

### Calling All Self-Advocates

**What is Self-Advocacy?** Self-Advocacy is learning how to speak up for yourself, making your own decisions about your own life, learning how to get information so that you can understand things that are of interest to you, finding out who will support you in your journey, knowing your rights and responsibilities, problem solving, listening and learning, reaching out to others when you need help and friendship, and learning about self-determination.

**Why is Self-Advocacy Important?** So that you have the knowledge needed to succeed and are given the chance to participate in decisions that are being made about your life - See more at: <http://www.wrightslaw.com/info/self.advocacy.htm#sthash.ARzxcQFZ.dpufSo> that you have the knowledge needed to succeed and are given the chance to participate in decisions that are being made about your life

Date	Planned Meeting or Activity
Friday January 06, 2017	• <b>Hot Lunch</b> Advocacy in the Service Area – December 2016 Meeting
Friday January 13, 2017	• Guest Speaker – Joanne Poole - See
Friday January 20, 2017	• <b>Hot Lunch</b> – Advocacy in the Service Area – January 2017
February 3, 2017	• <b>Hot Lunch</b> – Advocacy in the Service Area – February 2017
February 17, 2017	• <b>Hot Lunch</b> – Activity to be determined
March 3, 2017	• <b>Hot Lunch</b> – Advocacy in the Service Area – March 2017
March 17, 2017	• <b>Hot Lunch</b> - Activity or Speaker to be determined
March 31, 2017	• <b>Hot Lunch</b> - Activity or Speaker to be determined



XOXO  
BELLESTYLE.COM