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## Calling All Self-Advocates

### What is Self-Advocacy?

Self-Advocacy is learning how to speak up for yourself, making your own decisions about your own life, learning how to get information so that you can understand things that are of interest to you, finding out who will support you in your journey, knowing your rights and responsibilities, problem solving, listening and learning, reaching out to others when you need help and friendship, and learning about self-determination.

### Why is Self-Advocacy important?

So that you have the knowledge and information needed to succeed and are given the chance to participate or control the decisions that are being made about your life. See more at:

<http://www.inclusionbc.org/self-advocates>

Date	Planned Meeting or Activity
February 9th, 2018 12:30PM	Hot Lunch TBD Advocacy in the Service Area event
February 23rd, 2018 12:30PM	Hot Lunch Advocacy in the Service Area meeting

Pathways is closed

Monday, February 12, 2018 for Family Day



### Email Address List

If you need to contact any of the following people, email is a great tool you can use:

Executive Director:

[ed@pathwayskelowna.ca](mailto:ed@pathwayskelowna.ca)

Quality Assurance & Home share:

[aqam@pathwayskelowna.ca](mailto:aqam@pathwayskelowna.ca)

Finance Manager:

[fm@pathwayskelowna.ca](mailto:fm@pathwayskelowna.ca)

Residential Supervisor:

[rs@pathwayskelowna.ca](mailto:rs@pathwayskelowna.ca)

Activity Supervisor:

[fs@pathwayskelowna.ca](mailto:fs@pathwayskelowna.ca)

Social Recreation:

[socialrec@pathwayskelowna.ca](mailto:socialrec@pathwayskelowna.ca)

Community Placement Developer- Intake:

[cpdintake@pathwayskelowna.ca](mailto:cpdintake@pathwayskelowna.ca)

Travel Club Coordination:

[travelclub@pathwayskelowna.ca](mailto:travelclub@pathwayskelowna.ca)

Community Placement Developer-Scheduling:

[cpdscheduling@pathwayskelowna.ca](mailto:cpdscheduling@pathwayskelowna.ca)

Employment Manager:

[em@pathwayskelowna.ca](mailto:em@pathwayskelowna.ca)

Newsletter / Community Link

[newsletterpathways@gmail.com](mailto:newsletterpathways@gmail.com)

### Important Phone Numbers

If you are calling because you attend the Activity Service or are calling on behalf of an individual who attends the **Activity Service**, the phone numbers you must call are:

**250-763-4484 or 778-484-4490**

**Branch 55 778-753-1050**

**West Kelowna: 778-754-5677**

**Franklyn Senior Services 778-478-0062**

If you leave a message at another Pathways' number your call may not be answered.

**Thank you!**





**Pathways**  
Abilities Society  
**West Kelowna Activity Service**

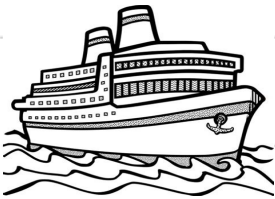
**Grand Opening!**  
Tues, Feb 6th | 10am - 2pm  
2476 Main St, West Kelowna

*Tour the new location, learn about Pathways  
& enjoy complimentary refreshments*

[www.pathwayskelowna.ca](http://www.pathwayskelowna.ca)

**2018 Travel Club Trips**

Destination	Date
Alaskan Cruise	Mid June
Camp Owaissi	Aug 28-31, 2018



If you are interested in any of the above trips please contact Glenda, Rhonda or April by email or phone a.s.a.p. to reserve yourself a spot:

Glenda – **Phone:** 250-859-7895 – **email:** [travelclub@pathwayskelowna.ca](mailto:travelclub@pathwayskelowna.ca)

Rhonda – **Phone:** 250-763-4837 – **email:** [fm@pathwayskelowna.ca](mailto:fm@pathwayskelowna.ca)

**Social Recreation Trips**

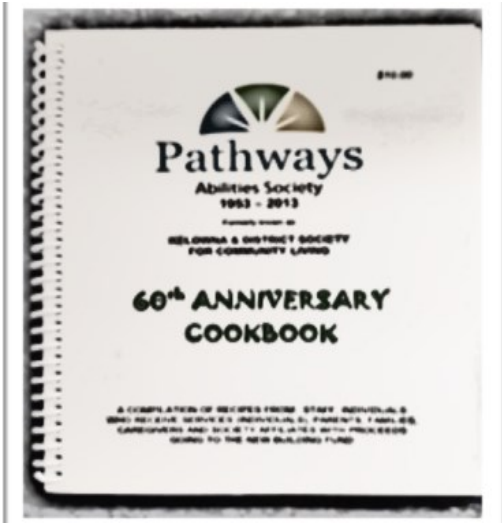
April – **Phone:** 250-575-3912 – **email:** [socialrec@pathwayskelowna.ca](mailto:socialrec@pathwayskelowna.ca)

Cost and dates will be confirmed upon booking. Trips could be cancelled if there is not enough interest.

**Cookbooks for Sale**

A commemorative Pathways cookbook is for sale. Please consider purchasing this \$10.00 keepsake.

Please contact the office at 123 Franklyn Road to purchase.



Our satisfaction surveys have been sent out for all individuals, families, and caregivers. We are looking forward to getting your input on the services we provide. If you did not receive a survey or a link to a survey and would like to provide input please contact [lpn@pathwayskelowna.ca](mailto:lpn@pathwayskelowna.ca), or call (250) 317-2979 and we will provide you with one.

Pathways Abilities Society  
123 Franklyn Road  
Kelowna BC  
V1X 6A9

