

Calling All Self-Advocates

What is Self-Advocacy?

Self-Advocacy is learning how to speak up for yourself, making your own decisions about your own life, learning how to get information so that you can understand things that are of interest to you, finding out who will support you in your journey, knowing your rights and responsibilities, problem solving, listening and learning, reaching out to others when you need help and friendship, and learning about self -determination.

Why is Self-Advocacy important?

So that you have the knowledge and information needed to succeed and are given the chance to participate in making decisions that will improve your quality of life. See more at:

http://www.inclusionbc.org/self-advocates

April 6th, 2018	Meeting or Activity
11:30AM	Hot Lunch
12:30PM	Advocacy in the Service Area Event
April 20th, 2018	Meeting or Activity
April 20th, 2018 11:30AM	Meeting or Activity Hot Lunch

Please be advised: In an effort to use staff support time more effectively, we will be asking that individuals bring their own lunch containers and utensils and then take them home to be washed. We will no longer be providing dishware and cutlery. Thank you for your support!

Do you have extra cans
or bottles you don't
know what to do with???
Bring them down to any
Columbia Bottle Depot
location and tell them you
want to donate them to
Pathways!!

Thank you Colombia Bottle Depot!!!

Pathways is closed

On Easter Monday, April 2, 2018 and Monday, May 21, 2018 for Victoria day!





Email Address List

If you need to contact any of the following people, email is a great tool you can use:

Executive Director:

ed@pathwayskelowna.ca

Quality Assurance & Home share: aqam@pathwayskelowna.ca

Finance Manager:

fm@pathwayskelowna.ca

Residential Supervisor: rs@pathwayskelowna.ca

Activity Supervisor: fs@pathwayskelowna.ca

Social Recreation:

socialrec@pathwayskelowna.ca

Community Placement Developer- Intake:

cpdintake@pathwayskelowna.ca

Travel Club Coordination:

travelclub@pathwayskelowna.ca

Community Placement Developer-Scheduling:

cpdscheduling@pathwayskelowna.ca

Employment Manager:

em@pathwayskelowna.ca

Newsletter / Community Link

newsletterpathways@gmail.com

West Kelowna

aswestkelowna@pathwayskelowna.ca

Important Phone Numbers

If you are calling because you attend Activity Services or you are calling on behalf of an individual who attends Activity Services, please call: 250-763-4484 or 778-484-4490, for Branch 55 call: 778-753-1050, or West Kelowna call: 778-754-5677. For Franklyn Senior Services call 778-478-0062.

Please, leave a message at the appropriate service area.

Thank you!



We need your help!!!

This year Pathways Abilities Society is excited to co-host the Inclusion BC Conference at The Grand Okanagan Resort, **May 24, 25, and 26, 2018.**

Conference Website is: http://inclusionbc.org/riseup/.

Several hundred people from around BC and Canada attend this annual conference: self-advocates, people who have diverse abilities, family members, staff, professionals. The conference is a lot of fun and a great place to network with other people who are interested in inclusion and community living. We are looking for help. We need volunteers to help at the registration desk, monitor workshop sessions, assist delegates at the lunch buffet, and to give a hand at the banquet.



If you would like to volunteer at the conference please contact: **Leslie Munro 250-863-2602 or**aqam@pathwayskelowna.ca

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Trips Destination	Date
Alaskan Cruise (Travel Club)	Mid June 2018
Camp Owaissi (Travel Club)	Aug 28-31, 2018
Toronto Blue Jays Game(s) and Visit Niagara Falls OR Vancouver	September 2018
for a BC Lions game and Whitecaps Game (Social Recreation)	OR September or October 2018

If you are interested in any of the above trips please contact Glenda, Rhonda, April or Lena by email or phone **A.S.A.P.** to reserve yourself a spot:

Glenda (Travel Club) Phone: (250) 859-7895 Email: <u>travelclub@pathwayskelowna.ca</u>

Rhonda (Travel Club) Phone: (250) 763-4837 Email: fm@pathwayskelowna.ca

April (Social Recreation) Phone: (250) 575-3912 Email: socialrec@pathwayskelowna.ca

Lena (Social Recreation) Phone: (250) 763-4836 Email: cpdintake@pathwayskelowna.ca

You can pick the Toronto trip for approximately \$2,000, **OR** the Vancouver trip for \$1,200. Cost and dates will be confirmed upon booking. Trips could be cancelled if there is not enough interest.

Want to learn how to be safe online? *http://www.icanbesafeonline.com/*. This website was created by Community Living BC (CLBC) for adults living with developmental disabilities to learn how to be safe online.

VOLUNTEERS NEEDED!!

Can you spare 5 hours in 2018?

We are looking for special event volunteers to assist in a variety of events Pathways is involved in throughout the year. Events include third party fundraisers, community events like Rutland May Days, Scarecrow Festival, Community Living Month Inclusion Chain and much more! We have a number of areas for you to share your skills and talents, so if part of your plan for the New Year includes helping out in your community, please consider giving us a call!

Contact Leslie at 250-863-2602 or via email at aqam@pathwayskelowna.ca.

HOME SHARE UPDATE

We are actively seeking home share providers. Home share is a rewarding way to support an adult with a diverse-abilities in your home.

For more information on becoming a home share provider please contact

Leslie Munro at 250-863-2602 or via email at aqam@pathwayskelowna.ca

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The First United Church

at 721 Bernard Ave is doing
free income tax returns from
March 2- April 27, 2018,
Thursdays from 9:00 am to
11:00 am.

They only accept walk-ins and the service is for people who have diverse abilities.

Please, consider donating to Pathways.

Remember, that **any donation over \$20** is eligible to receive a tax receipt that can be claimed on your taxes. **Be Great**,

PLEASE DONATE!

If you would like to start receiving this **Monthly Update Edition** by email instead of by mail or by hand, **PLEASE** contact <u>adminassist@pathwayskelowna.ca</u> or call **(250) 763-483**7 and leave your name and email. We will provide you with our electronic version.

Pathways Abilities Society 123 Franklyn Road Kelowna BC V1X 6A9

