

Calling All Self-Advocates

What is Self-Advocacy?

Self-Advocacy is learning how to speak up for yourself, making your own decisions about your own life, learning how to get information so that you can understand things that are of interest to you, finding out who will support you in your journey, knowing your rights and responsibilities, problem solving, listening and learning, reaching out to others when you need help and friendship, and learning about self-determination.

Why is Self-Advocacy important?

So that you have the knowledge and information needed to succeed and are given the chance to participate in making decisions that will improve your quality of life. See more at: http://www.inclusionbc.org/self-advocates

Date

Planned Meeting or Activity

February 22nd, 2019 12:30PM **Take Out Lunch**Advocacy in the

Service Area meeting

As you know, we have gone to ordering take out for Hot lunches on the last Friday of the month. Hot Lunch is still a set price of \$5.00 and would be \$60 for 12 months. We would like to extend an offer of prepayment in hopes that this will create more ease. Please, send in payment or call Pathways if you would like to set up.

Thank you!



IS YOUR CHILD ELIGIBLE, OR REGISTERED, FOR A REGISTERED DISABILITY SAVINGS PLAN?

Launch Community Development Foundation's 12-month Matched Savings Program provides free strength-based financial education and mentorship in a small group setting. We will match your savings 3:1 to put towards your child's Registered Disability Savings Plan (RDSP).

Date: January 2019 to January 2020

Location: Donated space by Starbright Children's Development Centre Intake: November to January 15, 2019

Information request form: www.launchkelowna.ca/sign-up Contact: Michelle info@launchkelowna.ca or 778-363-4959

Launch is partnering with PLAN Okanagan to help families navigate their way through the RDSP process and future planning during the year.



Launch Community Development Foundation www.launchkelowna.ca PLAN

Important Phone Numbers

If you are calling because you attend Activity Services or you are calling on behalf of an individual who attends Activity Services, please call: **250-763-4484** or **778-484-4490**, West Kelowna call: **778-754-5677**, Franklyn Senior Services call: **778-478-0062**.

Please, leave a message at the appropriate service area. Thank you!

Email Address List

If you need to contact any of the following people, email is a great tool you can use:

Executive Director: ed@pathwayskelowna.ca

Quality Assurance & Home share: aqam@pathwayskelowna.ca

Finance Manager: fm@pathwayskelowna.ca
Residential Supervisor: rs@pathwayskelowna.ca
Activity Supervisor: fs@pathwayskelowna.ca

Senior Services:

branch55@pathwayskelowna.ca fss@pathwayskelowna.ca

Social Recreation:

socialrec@pathwayskelowna.ca

Community Placement Developer- Intake:

cpdintake@pathwayskelowna.ca

Travel Club Coordination:

travelclub@pathwayskelowna.ca

Community Placement Developer-Scheduling:

cpdscheduling@pathwayskelowna.ca

Employment Manager: em@pathwayskelowna.ca

Newsletter / Community Link

adminassist@pathwayskelowna.ca

West Kelowna aswestkelowna@pathwayskelowna.ca

When you attend the **Activity Service** you must bring the following each day: a backpack, containers that can either be returned or disposed of, a refillable water bottle, a city bus pass if you have one, handyDART pass if you have one, any personal care or personal support supplies you require, medication and the correct documentation if you need to take them while at Pathways, recreational gear which will be specified i.e. a swimsuit, towel, hiking boots, etc.

To help us ensure items are returned to you please label them discreetly.

Just a reminder, you must call this number **778-484-4490** if you are not attending on a scheduled day. You can leave a message.

Thank you!

Reminder

The closure for the Family Day

is **Monday, February 18, 2019**

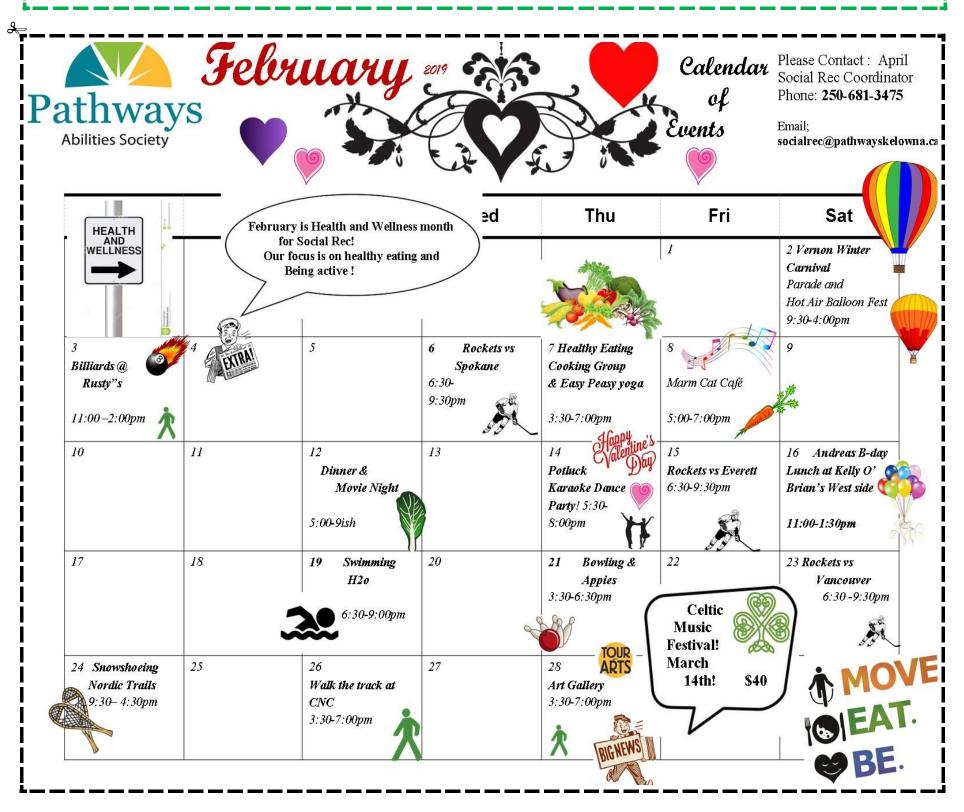
UP COMING SOON! 2019 Travel Clubs Trips

If you would like to take part in any of these fun trips with the Travel Club, please let the appropriate contact know as soon as possible. Thank you!

Trip Destination	Date	Cost
Mara Lake	May 2019-3 nights	\$ 800.00
Vancouver Canadians Baseball	July 2019-3 nights	\$ 1,000.00

If you are interested in any of the trips above please contact Glenda by email at travelclub@pathwayskelowna.ca or Rhonda at travelclub@pathwayskelowna.ca or phone 250 763 4837 to reserve yourself a spot.

Please be advised all prices are approximate at this time. Cost and dates will be confirmed upon booking. Trips could be cancelled if there is not enough interest.



Pathways Abilities Society 123 Franklyn Road Kelowna, BC V1X 6A9





If you would like to receive this Monthly Update Edition by email instead of by mail or by hand, PLEASE contact

adminassist@pathwayskelowna.ca or call (250) 763-4837 and leave your name and email. We will provide you with our electronic version.