

The closure for the Family Day
is ***Monday, February 18, 2019***

UP COMING SOON! 2019 Travel Clubs Trips

If you would like to take part in any of these fun trips with the Travel Club, please let the appropriate contact know as soon as possible. Thank you!

Trip Destination	Date	Cost
Mara Lake	May 2019-3 nights	\$ 800.00
Vancouver Canadians Baseball	July 2019-3 nights	\$ 1,000.00

If you are interested in any of the trips above please contact Glenda by email at travelclub@pathwayskelowna.ca or Rhonda at fm@pathwayskelowna.ca or phone 250 763 4837 to reserve yourself a spot.

Please be advised all prices are approximate at this time. Cost and dates will be confirmed upon booking. Trips could be cancelled if there is not enough interest.



February 2019

Calendar of Events

Please Contact : April
Social Rec Coordinator
Phone: 250-681-3475

Email:
socialrec@pathwayskelowna.ca

HEALTH AND WELLNESS

February is Health and Wellness month for Social Rec! Our focus is on healthy eating and Being active !

				ed	Thu	Fri	Sat
						1	2 Vernon Winter Carnival Parade and Hot Air Balloon Fest 9:30-4:00pm
3 Billiards @ Rusty's 11:00-2:00pm	4	5	6 Rockets vs Spokane 6:30-9:30pm		7 Healthy Eating Cooking Group & Easy Peasy yoga 3:30-7:00pm	8 Marm Cat Cafe 5:00-7:00pm	9
10	11	12 Dinner & Movie Night 5:00-9ish	13	14 Potluck Karaoke Dance Party! 5:30-8:00pm	15 Rockets vs Everett 6:30-9:30pm	16 Andreas B-day Lunch at Kelly O' Brian's West side 11:00-1:30pm	
17	18	19 Swimming H2o 6:30-9:00pm	20	21 Bowling & Appies 3:30-6:30pm	22	23 Rockets vs Vancouver 6:30-9:30pm	
24 Snowshoeing Nordic Trails 9:30- 4:30pm	25	26 Walk the track at CNC 3:30-7:00pm	27	28 Art Gallery 3:30-7:00pm			

Celtic Music Festival! March 14th! \$40

MOVE EAT. BE.

Pathways Abilities Society
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