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## **Calling All Self-Advocates!**

### **What is Self-Advocacy?**

Self-Advocacy is learning how to speak up for yourself, making your own decisions about your own life, learning how to get information so that you can understand things that are of interest to you, finding out who will support you in your journey, knowing your rights and responsibilities, problem solving, listening and learning, reaching out to others when you need help and friendship, and learning about self-determination.

### **Why is Self-Advocacy important?**

So that you have the knowledge and information needed to succeed and are given the chance to participate in making decisions that will improve your quality of life.

See more at:

<http://www.inclusionbc.org/self-advocates>

Date	Planned Meeting or Activity
	<b>Take Out Lunch</b>
March 29th, 2019 12:30PM	Advocacy in the Service Area meeting

### **Important Phone Numbers:**

If you are calling because you attend Activity Services or you are calling on behalf of an individual who attends Activity Services, please call: **250-763-4484** or **778-484-4490**, West Kelowna call: **778-754-5677**, Franklyn Senior Services call **778-478-0062**.

Please, leave a message at the appropriate service area.  
Thank you!

### **Email Address List**

If you need to contact any of the following people, email is a great tool you can use:

Executive Director: **[ed@pathwayskelowna.ca](mailto:ed@pathwayskelowna.ca)**

Quality Assurance &Home share:  
**[aqam@pathwayskelowna.ca](mailto:aqam@pathwayskelowna.ca)**

Finance Manager: **[fm@pathwayskelowna.ca](mailto:fm@pathwayskelowna.ca)**

Residential Supervisor: **[rs@pathwayskelowna.ca](mailto:rs@pathwayskelowna.ca)**

Activity Supervisors: **[fs@pathwayskelowna.ca](mailto:fs@pathwayskelowna.ca)**  
**[ws@pathwayskelowna.ca](mailto:ws@pathwayskelowna.ca)**

West Kelowna **[aswestkelowna@pathwayskelowna.ca](mailto:aswestkelowna@pathwayskelowna.ca)**

Senior Services:

**[branch55@pathwayskelowna.ca](mailto:branch55@pathwayskelowna.ca)**

**[fss@pathwayskelowna.ca](mailto:fss@pathwayskelowna.ca)**

Social Recreation:

**[socialrec@pathwayskelowna.ca](mailto:socialrec@pathwayskelowna.ca)**

Community Placement Developer- Intake:

**[cpdintake@pathwayskelowna.ca](mailto:cpdintake@pathwayskelowna.ca)**

Travel Club Coordination:

**[travelclub@pathwayskelowna.ca](mailto:travelclub@pathwayskelowna.ca)**

Community Placement Developer-Scheduling:

**[cpdscheduling@pathwayskelowna.ca](mailto:cpdscheduling@pathwayskelowna.ca)**

Employment Manager: **[em@pathwayskelowna.ca](mailto:em@pathwayskelowna.ca)**

Newsletter / Community Link

**[adminassist@pathwayskelowna.ca](mailto:adminassist@pathwayskelowna.ca)**

## **ATTENDEE HIGHLIGHT!**



**Lorraine Noble** has been attending Pathways since the 1980's. She attended Kelowna Diversified Industries (KDI) at 555 Fuller Ave in contract services. In her years – she has been a part of:

*The Wedding Shop* – Where Lorraine helped to decorate flowers, make bouquets and create decorations for vehicles. The Wedding Shop closed down and Lorraine continued to work

afterwards.

*Spring Valley Care Center* (volunteer) – Lorraine helped to scoop ice cream & serve to seniors who lived in the facility with 2 of her peers. Something which they called Ice Cream Social and for which they received personalized t-shirts for.

*Pine Acres* (volunteer) – Lorraine has helped to water plants, set up for & participates in games, helps decorate and take down decorations for holidays for over 15 years and continues to do so.

*White Heather Manor* – Lorraine helps the residents there to play bingo and hands out juice and snacks.

*Pizza Hut* (paid work) – Lorraine worked at Pizza Hut for 6 years washing and putting away dishes. Lorraine would still be working there today had Pizza Hut not shut down.

Lorraine has other volunteer opportunities in her future and does not have any plan to slow down anytime soon as she is as fit as a fiddle. She has made pompoms for wedding car decorations, buttons and ribbons for other special events, assembled newsletters and mail-outs, Bio Cam (College Science Contract).

Lorraine enjoys bowling at the Capri bowling lanes and has been part of Special Olympics Bowling for many years.

Lorraine also enjoys travelling and has been on nearly all of the travel club trips since they first began occurring. Some of the trips which Lorraine has attended from 1998 to 2016 include: Mexico, Hawaii, Disney Land and Disney World, Calgary, Alaskan Cruise, Australia and West Edmonton Mall, and Camp Owaissi.

When you attend the **Activity Service** you must bring the following each day: a backpack, containers that can either be returned or disposed of, a refillable water bottle, a city bus pass if you have one, handyDART pass if you have one, any personal care or personal support supplies you require, medication and the correct documentation if you need to take them while at Pathways, recreational gear which will be specified i.e. a swimsuit, towel, hiking boots, etc.

To help us ensure items are returned to you please label them discreetly.

**Just a reminder**, you must call this number **778-484-4490** if you are not attending on a scheduled day. You can leave a message.

**Thank you!**

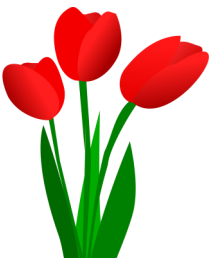
### **Closure Reminder!**

Good Friday

**Friday, April 19th**

Easter Monday

**Monday, April 22nd**





NEWS RELEASE- From the Office of the Premier John Horgan

On March 31, 2018 Premier John Horgan announced that there will finally be justice for the former residents of Woodlands. Woodlands was an institution in New Westminster in operation from 1878 until 1996 which provided care for children and adults with developmental disabilities, along with mental illness.

In 2002, former provincial ombudsperson, Dulcie McCallum, determined that the residents suffered widespread abuse sexually, physically, and psychologically. Unfortunately, the Province sought out a ruling at the B.C. Court of Appeal to exclude residents who lived at Woodlands prior to August 1, 1974 from any settlement.

David Klein of Klein Lawyers, and Minister Adrian Dix began working on gaining justice for the excluded residents in 2006. Their work paid off and the B.C Government announced on March 31, 2018 that the residents who were previously denied compensation will receive \$10,000.00 in an ex-gratia payment.

It is expected that the settlements will be paid out by March 31, 2019.

The BC Government asks that any former residents or their residents/caregivers to contact them prior to February 28, 2019 to apply for payment via one of the following methods:

Call Toll Free 1-888-523-7192 or Email: woodlands.care.facility.residents@gov.bc.ca

They are also asked to provide the following: Full Name, Date of Birth, Address and Name and address of their legal representative or guardian, if they have one.

# March

2019

## Calendar Of Events

Please Contact : April  
Social Rec Coordinator  
Phone: 250-681-3475

Email:  
socialrec@pathwayskelowna.ca

Sun	Mon	Tue	Wed	Thu	Sat
3 World Community Film Fest  10:00-4:00pm	4	5 Cooking Group #1 Wacky Waffle Making & Joke telling! 3:30-7:30pm 	6	7 Up Beat Karaoke & In House Dinner 5:00-8:00pm	8
10	11	12 Dinner & Funny Movie 5:00-9:00pm 	13	14 Celtic Music Festival 5:30-10:00pm 	15
17 Birthday Lunches & Puppet Show Scott & Murray 11:00-4:30pm 	18	19 Hot Tub Hang out! & Sauna H2O 6:30-9:00pm 	20	21	22 Marmalade Cat Café Live music 5:00-7:00pm 
24	25	26 Cooking Group #2 Breakfast for Dinner! 3:30-6:30pm 	27	28 Charlies B-day Kelly O'Brian's & Bowling 5:00-8:30pm 	30
31 Big White Sleigh Ride 10:00-3:30pm 					<p>How many gorillas can you fit in the car? Answer: 8 How many chickens can you fit in the car? Answer: None The car is full of gorillas!</p>

Pathways Abilities Society  
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If you would like to receive this Monthly Update Edition by email instead of by mail or by hand, PLEASE contact [adminassist@pathwayskelowna.ca](mailto:adminassist@pathwayskelowna.ca) or call (250) 763-4837 and leave your name and email. We will provide you with our electronic version.