

# June 2019

## Calling All Self-Advocates

### What is Self-Advocacy?

Self-Advocacy is learning how to speak up for yourself, making your own decisions about your own life, learning how to get information so that you can understand things that are of interest to you, finding out who will support you in your journey, knowing your rights and responsibilities, problem solving, listening and learning, reaching out to others when you need help and friendship, and learning about self-determination.

### Why is Self-Advocacy important?

So that you have the knowledge and information needed to succeed and are given the chance to participate in making decisions that will improve your quality of life.

See more at: <http://www.inclusionbc.org/self-advocates>

## Important Phone Numbers

**If you are calling because you attend Activity Services or on behalf of an individual who attends Activity Services, please call: 250-763-4484 or 778-484-4490. West Kelowna call: 778-754-5677, Franklyn Senior Services call 778-478-0062.**

Please, leave a message at the appropriate service area.  
Thank you!

## Email Address List

If you need to contact any of the following people, email is a great tool you can use:

Executive Director: [ed@pathwayskelowna.ca](mailto:ed@pathwayskelowna.ca)

Quality Assurance & Home share:  
[aqam@pathwayskelowna.ca](mailto:aqam@pathwayskelowna.ca)

Finance Manager: [fm@pathwayskelowna.ca](mailto:fm@pathwayskelowna.ca)

Residential Supervisor: [rs@pathwayskelowna.ca](mailto:rs@pathwayskelowna.ca)

Activity Supervisors:

Alaina: [fs@pathwayskelowna.ca](mailto:fs@pathwayskelowna.ca)

Maureen: [ws@pathwayskelowna.ca](mailto:ws@pathwayskelowna.ca)

Senior Services:

[branch55@pathwayskelowna.ca](mailto:branch55@pathwayskelowna.ca)

[fss@pathwayskelowna.ca](mailto:fss@pathwayskelowna.ca)

Social Recreation:

[socialrec@pathwayskelowna.ca](mailto:socialrec@pathwayskelowna.ca)

Community Placement Developer- Intake:

[cpdintake@pathwayskelowna.ca](mailto:cpdintake@pathwayskelowna.ca)

Travel Club Coordination:

[travelclub@pathwayskelowna.ca](mailto:travelclub@pathwayskelowna.ca)

Community Placement Developer-Scheduling:

[cpdscheduling@pathwayskelowna.ca](mailto:cpdscheduling@pathwayskelowna.ca)

Employment Manager: [em@pathwayskelowna.ca](mailto:em@pathwayskelowna.ca)

Newsletter / Community Link:

[adminassist@pathwayskelowna.ca](mailto:adminassist@pathwayskelowna.ca)

West Kelowna:

[aswestkelowna@pathwayskelowna.ca](mailto:aswestkelowna@pathwayskelowna.ca)

Date	Planned Meeting or Activity
<b>June 14th, 2019 12:30PM</b>	<b>Advocacy in the Service Area event</b>
<b>June 28th, 2019 12:30PM</b>	<b>Hot Lunch TBD</b>

### For the warm weather

Please, ensure you bring a water bottle, sunscreen, hat and dress appropriately. Please label your items with your name or initials.



Hot Lunch will be going up from **\$5.00 to \$10.00** due to the cost of ordering food from various restaurants and for a better variety. Hot Lunch will continue to be on the last Friday of the month. Next hot lunch date will be June 28 2019.

## Closure Reminder!

In-Service Day, Monday, June 10th, 2019

Canada Day, Monday, July 1st, 2019

## Mark your calendar!!!

### Summer Closure Dates:

Monday, August 19, 2019  
to Friday, August 30, 2019

Re-opening Tuesday,  
September 3, 2019



## Reminder:

When coming to Pathways please make sure to bring your **Handy DART pass** so it can be used for City Transit if required as well.







UP COMING SOON! 2019 Travel Clubs Trips

Trip Destination	Date	Cost
Vancouver Canadians Baseball *	July 2019—1 night	\$ 500.00
Abbotsford Air Show *	August 2019—2 nights	\$ 900.00
Camp Owaissi	August 2019—4 nights	\$240.00
West Edmonton Mall Bus Trip	October 2019—7 nights	\$ 1,600.00


If you are interested in any of the trips above please contact Glenda by email at [travelclub@pathwayskelowna.ca](mailto:travelclub@pathwayskelowna.ca) or Rhonda at [fm@pathwayskelowna.ca](mailto:fm@pathwayskelowna.ca) or phone **250-763-4837** to reserve a spot. Please be advised all prices are **approximate** at this time. Cost and dates will be confirmed upon booking. Trips could be cancelled if there is not enough interest.



\*For these destinations, please contact April, by phone at **250-681-3475**, or via email [socialrec@pathwayskelowna.ca](mailto:socialrec@pathwayskelowna.ca)



# June

Calendar Of Events  
2019



Sun	Mon	Tue	Wed	Thu	Fri
<div><div>Reminder of the Social Rec Summer Travel trips coming up: Vancouver Baseball game: July 20th overnight cost approx. \$500 Abbotsford Airshow: Aug 9-10th 2nights, cost approx. \$900.00 Limited space available for both! Let me know ASAP!</div></div>					
2 Oyama Days Parade ! 10:00- 2:30pm	3	4 Falcons Home Opener Game 6:30-9:30pm	5 Megan's B-day Dinner 5:00-7:00pm	6	7 Louisiana Hay Ride Concert 6:00-10:30pm Vernon
9 Lunch Boat Cruise \$35 12:00-3:00pm	10 Kat's Birthday Dinner Earls 5:30-7:30pm	11 Dinner & Movie 5:30-9:00pm	12	13	14 Yellow Submarine Musical Show 5:30-9:15pm
16 Great Train Robbery! & BBQ 2:30-7:30pm \$60	17	18	19 Falcons Game 6:00-9:00pm	20	21 First Day Of Summer Beach & BBQ 5:00-8:00pm
23 Okeefe Ranch 10:00-3:00pm	24	25 Dinner & Movie 5:30-9:00pm	26	28	29 Elvis Festival Penticton All day event ! 9:00-4:00pm
30	<div><div><div>For All Outdoor Events Please come Prepared for the warm Sunny weather! Wear a hat, Sunscreen, and bring a water bottle</div><div><div>JUNE theme Hello Summer Time Fun!</div></div></div></div>				

Contact: Social Recreation Coordinator; April Chretien e-mail: [socialrec@pathwayskelowna.ca](mailto:socialrec@pathwayskelowna.ca) phone: 250-681-3475

Pathways Abilities Society  
123 Franklyn Road  
Kelowna, BC  
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If you would like to receive this Monthly Update Edition by email instead of by mail or by hand, PLEASE contact [adminassist@pathwayskelowna.ca](mailto:adminassist@pathwayskelowna.ca) or call (250) 763-4837 and leave your name and email. We will provide you with our electronic version.