



**Calling All Self-Advocates**

**What is Self-Advocacy?**

Self-Advocacy is learning how to speak up for yourself, making your own decisions about your own life, learning how to get information so that you can understand things that are of interest to you, finding out who will support you in your journey, knowing your rights and responsibilities, problem solving, listening and learning, reaching out to others when you need help, friendship, and learning about self-determination.

**Why is Self-Advocacy important?**

So that you have the knowledge and information needed to succeed and are given the chance to participate or control the decisions that are being made about your life. See more at:

<http://www.inclusionbc.org/self-advocates>

**Email Address List**

If you need to contact any of the following people, email is a great tool you can use:

Executive Director:

[ed@pathwayskelowna.ca](mailto:ed@pathwayskelowna.ca)

Quality Assurance & Home share:

[aqam@pathwayskelowna.ca](mailto:aqam@pathwayskelowna.ca)

Finance Manager:

[fm@pathwayskelowna.ca](mailto:fm@pathwayskelowna.ca)

Residential Supervisor:

[rs@pathwayskelowna.ca](mailto:rs@pathwayskelowna.ca)

Activity Supervisor:

[fs@pathwayskelowna.ca](mailto:fs@pathwayskelowna.ca)

Social Recreation:

[socialrec@pathwayskelowna.ca](mailto:socialrec@pathwayskelowna.ca)

Community Placement Developer- Intake:

[cpdintake@pathwayskelowna.ca](mailto:cpdintake@pathwayskelowna.ca)

Travel Club Coordination:

[travelclub@pathwayskelowna.ca](mailto:travelclub@pathwayskelowna.ca)

Community Placement Developer-Scheduling:

[cpdscheduling@pathwayskelowna.ca](mailto:cpdscheduling@pathwayskelowna.ca)

Employment Manager:

[em@pathwayskelowna.ca](mailto:em@pathwayskelowna.ca)

Newsletter / Community Link

[newsletterpathways@gmail.com](mailto:newsletterpathways@gmail.com)

**Important Phone Numbers**

If you are calling because you attend the Activity Services or you are calling on behalf of an individual who attends Activity Service, the phone numbers you must call are:

**(250) 763-4484 or (778) 484-4490**

**Branch 55 (778) 753-1050**

**West Kelowna: (778) 754-5677**

**Franklyn Senior Services (778) 478-0062**

If you leave a message at another Pathways' number your call may not be answered.



**Thank you!**

**Upcoming Hot Lunch and Advocacy meetings**

<b>March 9th, 2018</b>	<b>Meeting or Activity</b>
11:30AM	Hot Lunch
12:30PM	Advocacy in the Service Area event
<b>March 23rd, 2018</b>	<b>Meeting or Activity</b>
11:30AM	Hot Lunch
12:30PM	Advocacy in the Service Area meeting

**Reminder:**

When coming to Pathways please make sure to bring your Handy DART pass so it can be used for City Transit if required as well.

*Pathways is closed*

**Friday, March 30th, 2018**

*For Good Friday*

**Monday, April 2nd, 2018**

*For Easter Monday*



Trips Destination	Date
Alaskan Cruise	Mid June 2018
Camp Owaissi	Aug 28-31, 2018
Toronto Blue Jays Game(s) and Visit Niagara Falls	September 2018
<b>OR</b>	<b>OR</b>
Vancouver for a BC Lions game and Whitecaps Game	September or October 2018

If you are interested in any of the above trips please contact Glenda, Rhonda, April or Lena by email or phone **A.S.A.P.** to reserve yourself a spot:

**Glenda - Phone: (250) 859-7895 Email: [travelclub@pathwayskelowna.ca](mailto:travelclub@pathwayskelowna.ca)**

**Rhonda - Phone: (250) 763-4837 Email: [fm@pathwayskelowna.ca](mailto:fm@pathwayskelowna.ca)**

**April - Phone: (250) 575-3912 Email: [socialrec@pathwayskelowna.ca](mailto:socialrec@pathwayskelowna.ca)**

**Lena - Phone: (250) 763-4836 Email: [cpdintake@pathwayskelowna.ca](mailto:cpdintake@pathwayskelowna.ca)**



You can pick the Toronto trip for approximately 2,000, **OR** the Vancouver trip for \$1,200.

Cost and dates will be confirmed upon booking.

Trips could be cancelled if there is not enough interest.

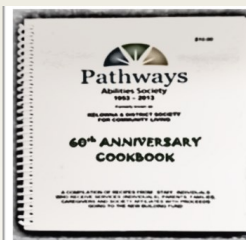
**Please be advised:**

In an effort to use staff support time more effectively, we will be asking that individuals bring their own lunch containers and utensils and then take them home to be washed. We will no longer be providing dishware and cutlery. Thank you for your support!

**Cookbooks for Sale**

Commemorative Pathways cookbooks are for sale. Please consider purchasing this \$10.00 keepsake.

Please contact the office at 123 Franklyn Road to purchase.



Do you have extra **cans or bottles** you don't know what to do with??? Bring them down to any Columbia Bottle Depot location and tell them **you want to donate them to Pathways!!**

**Thank you Colombia Bottle Depot!!!**

*If you would like to start receiving this **Monthly Update Edition** by email instead of by mail or by hand, **PLEASE** contact [adminassist@pathwayskelowna.ca](mailto:adminassist@pathwayskelowna.ca) or call **(250) 763-4837** and leave your name and email. We will provide you with our electronic version.*

Pathways Abilities Society  
123 Franklyn Road  
Kelowna BC  
V1X 6A9

